

## STEP 1: TAKE THE SAMPLE

Carefully follow the instructions for use included within the self-test box to take your sample. These instructions will also allow you to interpret your results.



## STEP 2: TAKE A PICTURE OF YOUR RESULT

You will need to take and upload a picture of your test for us to send your results.

The following should appear very clearly in the picture:

- 1 Your **cassette (lateral flow device)** showing the test result and **with your date of birth** written on it;
- 2 The **box** in which your test came, showing your **unique barcode**;
- 3 Your **passport**, showing your picture, name, date of birth, and passport number.

All of these should appear in the same picture.



## STEP 3: REGISTERING YOUR TEST (on the day you take the test)



**CONSIDER:** Please remember to register your test. We will not be able to process your test and send your results if you fail to register.

Go to <https://covid.biogroup-laboratory.co.uk/en/registry> to register your test. You can find your barcode number on your test box (see picture).

If you are having issues registering your kit, please send your information and the picture taken in *STEP 2* to [antigentest@biogroup-laboratory.co.uk](mailto:antigentest@biogroup-laboratory.co.uk)



### Please note:

If your antigen (Lateral Flow Device) test result is **positive**, you must self-isolate immediately. You will have to perform a subsequent **PCR test** within **48 hours** of a positive antigen result. If you do not organize a test within this period, you must complete the full **10 days of self-isolation** even if you attain a negative PCR result outside of the 48-hour window. Visit: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/test-results/positive-test-result/>